



Sunflower Bowls

online course booklet

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Hi, and thanks for your interest in this online class.

These bowls are lovely to make and are a suitable project for sewers of all abilities. The class has been adapted a little from my in-person classes to make it successful and pleasurable for online teaching and learning, but the results will still be the same.

How the class works:

It is important to note that this is not a sew-along class. I will be demonstrating the step-by-step process of creating the sunflower bowl from fabric and stiff interfacing. You will then make the bowl in your own time, either the same day or at some time in the future.

The class will be taught using the Zoom platform and will be recorded. All participants will receive a copy of the recordings which you can watch as many times as you wish. After two weeks the recordings will expire.

The class will be broken into 3 sessions, all on the same day, so nobody gets exhausted and there is time for a quick tea break.

On a specified day you will join the Zoom class and watch me demonstrating live. You will be able to interact with me and other participants, asking questions as I work. It will be a fun and relaxed class, not quite like being in the same room as everyone else, but the next best thing!

The only thing I ask of you is that you know how to join the Zoom class (you click on a link in an email I send you) and to be able to mute and unmute yourself.

A few days before the class you will receive 3 emails from me, each one with a link to the 3 different sessions. You just click on the link a few minutes before the time and you will enter a waiting

room from which I will let you into the class. That way we can be sure our class is completely secure.

Session 1: 10am – 10.40am

Session 2: 11am – 11.40am

Session 3: 4pm – 4.40pm

Session 1:

We will briefly introduce ourselves and make sure everyone has the kit they need. (De from Midsomer Quilting is supplying kits as required)

I will then begin to demonstrate how to make the pattern and start the bowl and you can ask as many questions as you like as I proceed. This session will be recorded

We will then take a 20 minute break. You will need to use the link from the second email I sent to you to join the next session.

Session 2:

I will continue to demonstrate as previously until the bowl is finished. (If we run out of time I will send you another link to allow us to continue until we have finished) This session will be recorded

You will then be free to begin work on your sunflower. As soon as the recordings have been processed (usually around 20 minutes) I will send you yet another email with links to the recordings. You can view them as many times as you like so you can but please note that after 2 weeks they will expire.

Session 3: (optional)

This will be accessed via the link in the 3rd email I sent.

This will be an informal chat session with the opportunity for everyone to share what they have made (only if you wish) and for everyone to ask more questions or make any other observations. This session will not be recorded.

After session 3 I will send you *yet another* email with more links to some informal videos that I have made showing more details of bowl construction. It is not necessary to view them at all, and some of them are quite long, but I provide them as I'd rather you have access to too much information than too little. They are certainly not 'professional' quality, but they do show the process and give a few tips along the way. These will expire after 2 weeks.

By all means take any notes as we go along, but hopefully the videos will give you all the information you need. I also supply a checklist type handout so you can see the step-by-step process just in case you need it.

What you need

Midsomer Quilting can provide you with a kit containing the following:

- 4 pieces different yellow fabrics, each 30cm x 30cm
- 2 Pieces different green fabrics, each 18cm x 18cm
- 2 pieces black/dark brown fabric (or 1 of each), each 16cm x 16cm
- 1 metre of freezer paper (can be gently folded for posting)
- 3 pieces of Vliseline /Vilene S80 interfacing 30cm x 30cm (not to be folded for posting)

Alternatively you can source these items yourself.

You will also need:

Sewing machine that can do straight stitch, zig zag stitch and optionally, free motion stitch

Iron

Sharp scissors and paper scissors

Matching and contrasting threads

Pins and general sewing kit

Spray glue (optional)

If this sounds like something you would like to try then I look forward to seeing you in 'class'! If you have any further questions please do not hesitate to get in touch. My contact details are on my website.

Best wishes

A handwritten signature in cursive script that reads "Claire". The signature is written in a dark ink or color and is centered on the page.